

Following your Gastroscopy (OGD)

- Further tests may be requested by the consultant. These tests may be completed on the same day of your examination or a future appointment date will be given.
- If you have not received sedation you may go home as soon as you have had a light snack and follow up instructions have been give.
- You can then resume all normal activities immediately.
- If you have received sedation you will be observed in the recovery area until the effects of the sedation have worn off. The IV line will be removed from your arm before you go home.
- When you have sufficiently recovered, you will receive a light snack and your discharge instruction.
- You will then be able to go home once the person collecting you has arrived at the unit. **They must come to collect you from the Endoscopy Unit.**

Contact Details for Endoscopy Unit

If you require any other information regarding your Gastroscopy contact:

Phone: 01 6639847

Monday-Thursday 07.30-18.00

Friday 07.30-16.30

Email: dayward@stmichaels.ie

If you cannot attend this appointment please ring us immediately

Phone: 01 2713074

Please contact a member of staff if you require this information in large print, audio format or another language.

Consent Form

I

Parent/Guardian of
I/We have read the information on this leaflet and understand the procedure that will be performed and that I will have the opportunity to ask questions before the procedure.

I understand the risks and benefits of, and alternatives to the procedure. I understand that sedation may be required and that any other procedure found to be necessary will be performed. I understand that transfusion of blood/blood products may, rarely, be necessary and I agree to receiving these.

I am aware that tissue samples may be taken of necessity and may be retained for future testing and/or education and research.

I give my consent to undergo the procedure of Gastroscopy.

Signed

Date
(Patient)

Signed
(Parent/Guardian)

Signed
(Doctor)

Date:

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Dun Laoghaire - Dublin



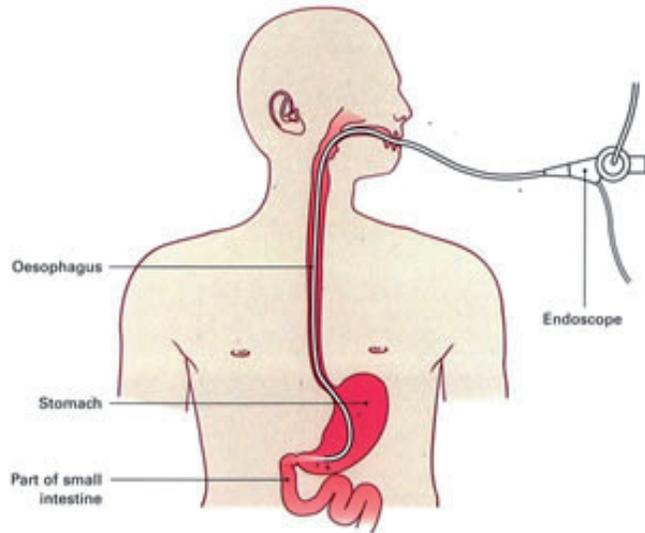
Gastroscopy (OGD)

Patient Information and Consent

Please read this information and consent leaflet prior to your procedure and bring with you on day of appointment.

What is a Gastroscopy ?

A Gastroscopy (also called an OGD) is a test which allows the doctor to look at the lining of the oesophagus (gullet), the stomach and the first part of your intestine. It is performed by passing a thin flexible tube (gastroscope) through your mouth.



Benefits

Gastroscopy is the best test to check the oesophagus (gullet), stomach and intestines and will allow a biopsy to be taken of any abnormality detected.

Risks

Gastroscopy is a safe test but there are some risks. Complications include, but are not limited to, perforation (tear), haemorrhage (bleeding), or reaction to medication. Complications may require urgent treatment including surgical intervention (operation) and can carry risks to life and health.

Preparation for your gastroscopy:

- Your stomach needs to be empty so you will need to fast before the test.
- Do not eat anything for 6 hours before your admission time (including chewing gum)
- Do not drink any fluids for 2 hours before your admission time.

Stomach Medications (tablets):

- If you are on an antacid tablet (including protium nexium/zoton/pariet) you must stop taking them up to 1 month before your gastroscopy **unless you have been told you have Barretts Oesophagus in which case it is unnecessary to stop these.**
- Check with your pharmacist GP if you are on one of these types of tablets.

Conscious Sedation

- Many patients choose to have their gastroscopy performed without sedation, with a local anaesthetic spray to the throat used instead. This has the advantage that you can go home almost immediately after the test once you have had a small snack.

If you have Sedation:

- If the procedure is performed under sedation this is different than a general anaesthetic. You will be awake enough to talk with staff during the test and tell them if you are having any discomfort.
- If you have sedation you may remember things about the test.
- Because of the sedation **you must be collected on discharge. You will not be allowed to drive or travel unaccompanied after the test.**
- **It is illegal to drive for 24 hours after conscious sedation and you must be accompanied home if you have not made travel arrangements for discharge and you want sedation your gastroscopy may be cancelled.**

If you are unsure about whether to have sedation, you can discuss it in detail with your nurse and doctor on admission.

Consent

You are asked to read the information contained in this leaflet. The doctor performing the test will answer any questions you may have and you may change your mind at any time, prior to the procedure. You do not sign your consent form until you come in to the Endoscopy Unit for your procedure. Please bring this form with you on the day.

What happens during your gastroscopy?

- A nurse will stay with you throughout the examination.
- If you have sedation an IV line will be put into your arm and your pulse and oxygen levels monitored.
- We will ask you to remove any loose crowns/ dentures to prevent damage/choking.
- A throat spray will be given to numb your throat.
- You will be asked to lie on your left side.
- A plastic mouth piece will be placed between your teeth, this helps to keep your mouth slightly open to enable the tube to be passed.
- During the test air will be put into the stomach, which enables a better view.
- The gastroscope does not interfere with your breathing so you can breath normally.
- The test usually takes up to 15 minutes.
- There may be other members of the hospital multi-disciplinary team present during the procedure for education/training purposes.
- Photographs/videos of the intestine and or samples of the intestine (biopsies) may be taken as part of your care, in order to diagnose or exclude particular diseases.

Imaging/Biopsies

The images or samples taken may be retained by the hospital for further testing and/or education and research in accordance with hospital procedures. In any such event, patient confidentiality will be maintained at all times.

Special Requirements

If you use a wheelchair or have a physical or any other disability please contact us to let us know in advance so that we can ensure you receive appropriate supports.

FAQ's (frequently asked questions)

Will it hurt? A Gastroscopy can be uncomfortable but shouldn't be painful, we will monitor your pain throughout the procedure and administer pain control if required

When do I get my results? We aim to give you any results on the day. If any follow up tests are carried out the results will be forwarded to your GP or we will arrange for you to be seen in Outpatients whichever is appropriate.

How long will be in hospital for? Up to 5 hours from your admission time.

Can my relatives stay with me? We request that all relatives do not stay in the unit as it is a patient care area, unless in exceptional circumstances or for consent purposes.