

Contact Details for Endoscopy Unit/Day Ward

Day Ward/Endoscopy Unit

Tel: 01 6639847

Email dayward@stmichaels.ie

Opening Hours:

Monday - Thursday 7:30am - 18.30pm

Friday 7.30am - 16.30pm

or contact your GP after these hours

In the rare case of an emergency,
St Michael's Hospital Emergency Department
is open from 8.00am – 8.00pm daily.
Reception: 01 2806901 Ext 7115

If any problems occur after 8.00 pm,
please contact St. Vincent's University Hospital,
Urology Team
Tel: 01 2214000

St. Michael's Hospital

Dun Laoghaire - Dublin



Flexible Cystoscopy

Patient Information

Please contact a member of staff if you require this information in large print, audio format or another language.

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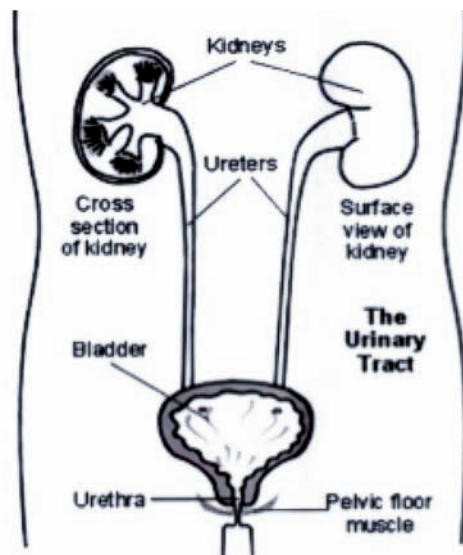
Please read this information prior to your procedure.

Flexible Cystoscopy

You have been referred for a Flexible Cystoscopy. This is a test which allows the doctor to look in to the bladder. It is performed by passing a thin flexible tube (cystoscope) through the urethra (opening into the bladder) so the doctor can examine the bladder wall and urinary tract.

Why Flexible Cystoscopy?

The flexible cystoscope adjusts itself to fit the urethra (urine tube) and passes through easily, avoiding the need for a general anaesthetic.



How do I prepare for my Flexible Cystoscopy?

- You do not need to be fasting for this procedure.
- Bring a dressing gown and slippers for your comfort.
- The doctor will explain the procedure and ask you for your written consent.
- A doctor will ask about your medical history and what medications you are on so please bring a list of these with you.
- You will be asked to provide a urine sample and to empty your bladder prior to the procedure.

Procedure

- This test is normally performed without sedation. A nurse will stay with you throughout your examination which is very quick. You may experience some slight discomfort but it will not last very long.
- The doctor will clean the genitals with a mild disinfectant and surround the area with a paper sheet.
- Try not to touch this with your hands as it is a sterile area.
- He/she will then apply a local anaesthetic gel to alleviate any discomfort and numb the area slightly.
- The doctor then gently inserts the tip of the instrument into the urethra. The doctor will keep you informed throughout the test.

Following your Procedure

- The doctor may want an ultrasound after the procedure, if so, it will be carried out in the x-ray department. He/She will review the results before your discharge and advise you of any follow up needed.
- You will be given antibiotics for 2 days unless otherwise advised by the Urologist. The type of antibiotic will depend on the type of procedure and if you have any allergies.
- You will be offered tea or coffee and a light snack.

What are the after effects of Flexible Cystoscopy?

Most patients have little trouble after Flexible Cystoscopy.

- A mild burning on passing urine usually gets better after a day or so. Drinking extra water can help.
- A little bleeding is common especially if you have a biopsy (small piece of tissue taken for examination).
- An occasional problem after a flexible Cystoscopy is a urine infection. If you have a temperature, pain, persistent burning or bleeding, contact your doctor.

Remember

You should contact the ward or your doctor immediately if you experience the following:

- **If pain or bleeding is severe.**
- **Any pain or bleeding lasting longer than 2 days.**
- **You develop symptoms of infection such as a temperature or pain.**

Note

If you are taking the combined oral contraceptive pill, please be advised you should take additional contraceptive precautions while taking the antibiotic Co-amoxiclav and for 7 days after stopping the Co-amoxiclav. If these 7 days run beyond the end of the packet of contraceptive pill, start the next packet without observing the 7-day break. Please consult with your Pharmacist if you have difficulty with this.

Advice

If you have any problems or cause for concern, please contact the Urology Nurse Specialist, Tel: 01 663 9877