

BSc General Nursing Internship Student Ward Based Learning and Orientation Workbook

St Joseph's Ward

DoCAT© Stage 3, 4 week placement



St Joseph's Ward

St. Joseph's ward comprises of 20 beds. This ward specialises in elective surgery and has aspects of medicine (diabetes assessment). It also has a pre-operative assessment unit.

Our Specialities Are:

Minor procedures: Plastics, ENT, Orthopaedics, Gynaecology, Vascular, General Gastroenterology and Urology.

Who are we?

My name is Paula Birrell. I am the Clinical Nurse Manager II, Lisa Brady is the CNM1. We have staff nurses, health care assistants and a secretary on our team. Louise Slowey is CNM1 in charge of the pre-assessment unit on St Joseph's ward.

Off Duty

Your off duty will consist of 3 LD's X 12 hours from 07:30-20:00. You will be entitled to a 30 minute lunch break during your 12 hour shift.

Our aim is:

- To deliver a high quality patient care
- To give the best possible service to our clients
- To promote a culture where best practice is embraced and poor practice is challenged.
- To provide a pleasant working environment for all staff.

How do we do this?

- We promote an atmosphere that is as stress free as possible.
- We roster on a fortnightly base, accommodate staff request once patient service isn't compromised.
- We encourage staff to assume responsibility on a daily basis allowing them to work from their own initiative and taking charge in decision making for a particular patient care load.

What is expected of you?

- It is required that you be on time and in the appropriate uniform each day.
- Behave in a professional and appropriate manner while on duty.
- If you are late, please inform your ward manager and give an explanation.
- It is your responsibility to know who your preceptor is and to know which ward area you are allocated to.
- You will be responsible for all your documentation for the duration of the placement.
- You are responsible for requesting your meetings with your preceptor and ensuring the appropriate person signs out your standards.
- It is your responsibility to read and familiarise yourself with the policies, procedure manuals and guidelines for the department and to know where to find information.

Aims & Objectives of Ward Based Learning

- ✓ To familiarise the student with the clinical area they are allocated to.
- ✓ Orientation / Identify with ward preceptor, learning objectives/outcomes. Reactivate Glucose Meter PXP No.
- ✓ To help the student identify any knowledge deficits before commencement of placement.
- ✓ To locate and identify policies and guidelines relevant to their particular clinical area.
- ✓ How to access blood results/policies (shared drive) on ward computer.

Required Reading:

- ✓ Become familiar with the Student/Preceptor Information Manual.
- ✓ The Code of Professional Conduct and Ethics for Registered General Nurses and Registered Midwives (2014).
- ✓ Scope of Nursing and Midwifery Practice Framework (NMBI, 2015).
- ✓ The Guidance to Nurses and Midwives on Medication Management (2007).
- ✓ Recording Clinical Practice. Guidance to Nurses and Midwives (NMBI, 2015).
- ✓ Guidelines and Policies relevant to your clinical area –Shared Drive.
- ✓ Guidance to Nurses and Midwives on social networking (NMBI, 2013).

Most of the above are available in the Student/Preceptor Information Manual.

Stage Three

Case Study

Please complete a case study under the following headings.

1. Identification of the patient's problem.
2. Goals to be achieved.
3. Nursing care assessment using the Roper Logan Tierney model of nursing
4. Outcome.

Roper Logan and Tierney Model of Nursing

- | | |
|---------------------------------|-----------------------------------|
| a. Breathing | g. Mobilisation |
| b. Communication | h. Sleeping |
| c. Controlling body temperature | i. Maintaining a safe environment |
| d. Elimination | j. Working and playing. |
| e. Washing and dressing | k. Sleeping |
| f. Eating and drinking | l. Expressing sexuality |

Stage 3 Students DoCAT© 4 week placement

Week 1	Week 2	Week 3
<p>A. Complete Orientation checklist with your preceptor and sign. <input type="checkbox"/></p> <p>B. Read what Students Can and Cannot Do. <input type="checkbox"/></p> <p>C. Complete your preceptor attendance sheet daily. <input type="checkbox"/></p> <p>D. Familiarise yourself with Clinical Placement DoCAT©/ Skills List / Medication Workbook. <input type="checkbox"/></p> <p>E. Make sure your Glucometer number is working do a Quality Control test (7169 -Mercedes in the lab). <input type="checkbox"/></p> <p>F. Familiarise yourself with the bleep system / call bells / arrest code. <input type="checkbox"/></p> <p>G. Familiarise yourself with the hospital policies on the Shared Drive(S). <input type="checkbox"/></p> <p>H. Get your preceptor to complete your Preliminary Assessment Meeting of the DoCAT©. <input type="checkbox"/></p> <p>Date of meeting ----- Conducted by-----</p>	<p>A. Observe white board in changing room for Reflection dates / Information. <input type="checkbox"/></p> <p>B. Participate in patient care with direct supervision of the registered Nurses. Remember all written entries need to be co-signed. <input type="checkbox"/></p> <p>C. Know your patients diagnosis, start connecting diagnostics, treatment plan and interventions.</p> <p>D. Commence medication workbook practice '10 rights' for every medication administrations, 3 medications to be learned off and skills list. <input type="checkbox"/></p> <p>E. Be accountable for the safety checks at ward level- Cardiac Arrest Trolley / Hypo box etc. <input type="checkbox"/></p> <p>F. Arrange date and time for Intermediate assessment meeting for next week. <input type="checkbox"/></p> <p>G. Participate with handovers. <input type="checkbox"/></p> <p>H. Start taking a case load of 2-3 patients where you take the lead. This will mean all nursing care aspects, medication administration and nursing interventions / assessments as required. <input type="checkbox"/></p> <p>I. Commence your case study, feedback week 4. <input type="checkbox"/></p>	<p>A. Ask preceptor to complete Intermediate assessment meeting of the DoCAT© early this week. <input type="checkbox"/></p> <p>Date of Meeting----- Meeting conducted by-----.</p> <p>B. Request performance feedback from supervising nurse daily. <input type="checkbox"/></p> <p>C. Participate with medication administration, start medication rationalisation, management of medication adjustments, medications being 'Held' and errors. <input type="checkbox"/></p> <p>D. Be supervised in your skills. Remember to get each signed. <input type="checkbox"/></p> <p>E. Observe, assess and implement deteriorating protocols for your patients as required. You suggest to your preceptor what is occurring to your patient and what intervention you need to do. <input type="checkbox"/></p>

Stage 3 Students DoCAT© 4 week placement

Week 4

- A. Continue as per week 3 in relation to clinical practice.
- B. Complete case study feedback this week.**
- C. Ensure you have 3 medications documented in your medication workbook.
- D. Take a medication record per patient and review the patient's medication to their diagnosis.
- E. Increase your case load of patients 4.
- F. Complete handovers, break times and evening shift change over.
- G. Observe, assess and implement deteriorating protocols for your patients as required. You suggest to your preceptor what is occurring to your patient and what intervention you need to do.
- H. Review skills list ensure skills are signed to supervise.
- I. Complete Ward Evaluation Form and return to CPC's.
- J. Ask preceptor to complete Final Assessment Meeting of the DoCAT©.

Date of Meeting-----

Conducted by-----

Stage 3 Students DoCAT©

Please complete the following specific learning objectives for the clinical area to which you have been assigned

<p>St Joseph's Ward- Stage 3</p>	<ul style="list-style-type: none"> ✓ Know the patients by name, diagnosis and relevant medical history. ✓ Review the anatomy and physiology of the respiratory, skeletal, cardiac and gynaecological system. ✓ Become familiar with the Nursing care of a patient post orthopaedic surgery ✓ Become familiar with the Nursing care of a patient post Evans Calcaneal Osteotomy. ✓ Become familiar with performing Peripheral Vascular Assessments and Interventions required. ✓ Become familiar with the Nursing care of a patient post vaginal/abdominal hysterectomy, know the difference. ✓ Become familiar with the Nursing care of a patient post mid urethral sling repair / rectocele / cystocele. ✓ What is CBI (Continuous Bladder Irrigation)? ✓ What is the pre-operative preparation and care of a patient undergoing a Radical Retroperitoneal Prostatectomy/ TURP/TURBT? ✓ Explain the specific nursing care of a patient post the following; <ul style="list-style-type: none"> • Skin Grafting • Breast Reconstruction ✓ What is FESS? What is the post-operative discharge advice for your patient? ✓ Know where and how to obtain Consultant specific instructions re patient care. ✓ Discharge process and an updated care plan. ✓ Identify the procedure for dealing with a missing / absconded patient ✓ Be able to identify complications of surgery and the appropriate action. ✓ Measure, record, interpret & report observations e.g. temperature, pulse, blood pressure, respiration, O² Sats, AVPU and calculation of Early Warning Score, weight, blood glucose levels, urinalysis, etc. Be familiar with the escalation protocol for abnormal observations. ✓ Accurate recording and interpretation of fluid balance. ✓ Management of Drug Administration- For the purpose of learning, student nurses must be involved in the administration of medicinal products under direct supervision of a registered nurse (except non intravenous products). ✓ Management of interventional drains. ✓ Refine nursing care- concentrating on accuracy, effectiveness and standard of care he/she is providing. Concentrating on detail, developing awareness of excellent versus 'fast' delivery of care. ✓ Comprehension of blood results, diagnostic procedures and results. ✓ What would you do if your patient complained of chest pain? (Guidelines) ✓ What are the initial stages of patient management in the event of cardiac /respiratory arrest? ✓ How do you manage hypoglycaemia? ✓ Explain the difference between type 1 and type 2 diabetes, become familiar with the D.K.A. protocol

Ward Orientation checklist

Orientation Checklist	Signature of Student
Welcome & tour of the ward given to student by preceptor/CNM	
Introduction to staff in the clinical areas and reporting relationships.	
Identify & location of the Fire Exit and Fire Extinguishers for the ward	
Identify & location of the Cardiac Arrest Call System for the department	
What is the Emergency Number?	
Location and checking procedure of the Resuscitation Trolley.	
Outline the daily routine including hours of duty, ward report, uniform policy and break times	
Information given to student regarding preceptor & associate preceptor allocation	
Location of policies, procedure manuals and guidelines.	
Information given on consultants and the area speciality.	
Demonstrate how to bleep a member of the multidisciplinary team.	
Location of the drug storage area.	
Location of the equipment & supplies storage area for the Ward.	
Discuss the procedure for dealing with a spillage of fluid in the department.	
Discuss the protocol for dealing with a sharps injury/blood borne splash.	
Discuss Learning objectives for Placement.	

Orientation completed by Student: _____

Preceptor Signature: _____

Ward: _____

Date: _____