

# BSc General Nursing Internship Student Ward Based Learning and Orientation Workbook

## St Columba's Ward

DoCAT© Stage 3 4 week placement



## St. Columba's WARD

St. Columba's Ward comprises of 14 private beds and 4 semiprivate beds. This ward specialises in both medical and surgical aspects of medicine.

### **Our Specialities Are:**

General medicine inclusive of Heart Failure patients, General Respiratory patients, Geriatric conditions. Surgical conditions Gynaecology, Orthopaedic, General Gastroenterology and ENT.

### **Who are we?**

My name is Erika O'Hanlon. I am the Clinical Nurse Manager II, Rowena Molina and Arlene Pastolero are the CNM1's. We have staff nurses, health care assistants and a secretary on our team.

### **Our aim is:**

- To deliver a high quality patient care
- To give the best possible service to our clients
- To promote a culture where best practice is embraced and poor practice is challenged.
- To provide a pleasant working environment for all staff.

### **How do we do this?**

- We promote an atmosphere that is as stress free as possible.
- Our aim is to give the best possible care to our patients.
- We encourage staff to assume responsibility on a daily basis allowing them to work from their own initiative and taking charge in decision making for a particular patient care load.
- Respect for all members of the St Columba's team.

### **What is expected of you?**

- It is required that you be on time and in the appropriate uniform each day.
- Behave in a professional and appropriate manner while on duty.
- If you are late, please inform your ward manager and give an explanation.
- It is your responsibility to know who your preceptor is and to know which ward area you are allocated to.
- You will be responsible for all your documentation for the duration of the placement and ensuring it is counter signed.
- You are responsible for requesting your meetings with your preceptor and ensuring the appropriate person signs out your standards.
- It is your responsibility to read and familiarise yourself with the policies, procedure manuals and guidelines for the department and to know where to find information.

## Aims & Objectives of Ward Based Learning

- ✓ To familiarise the student with the clinical area they are allocated to.
- ✓ Orientation / Identify with ward preceptor, learning objectives/outcomes. Reactivate Glucose Meter PXP No.
- ✓ To help the student identify any knowledge deficits before commencement of placement.
- ✓ To locate and identify policies and guidelines relevant to their particular clinical area.
- ✓ How to access blood results/policies (shared drive) on ward computer.

### Required Reading:

- ✓ Become familiar with the Student/Preceptor Information Manual.
- ✓ The Code of Professional Conduct and Ethics for Registered General Nurses and Registered Midwives (2014).
- ✓ Scope of Nursing and Midwifery Practice Framework (NMBI, 2015).
- ✓ The Guidance to Nurses and Midwives on Medication Management (2007).
- ✓ Recording Clinical Practice. Guidance to Nurses and Midwives (NMBI, 2015).
- ✓ Guidelines and Policies relevant to your clinical area –Shared Drive.
- ✓ Guidance to Nurses and Midwives on social networking (NMBI, 2013).

Most of the above are available in the Student/Preceptor Information Manual.

### Stage Three

### Case Study

Please complete a case study under the following headings.

1. Identification of the patient's problem.
2. Goals to be achieved.
3. Nursing care assessment using the Roper Logan Tierney model of nursing
4. Outcome.

#### Roper Logan and Tierney Model of Nursing

- |                                 |                                   |
|---------------------------------|-----------------------------------|
| a. Breathing                    | g. Mobilisation                   |
| b. Communication                | h. Sleeping                       |
| c. Controlling body temperature | i. Maintaining a safe environment |
| d. Elimination                  | j. Working and playing.           |
| e. Washing and dressing         | k. Sleeping                       |
| f. Eating and drinking          | l. Expressing sexuality           |

## Stage 3 Students DoCAT© 4 week placement

Week 1	Week 2	Week 3
<p>A. Complete Orientation checklist with your preceptor and sign. <input type="checkbox"/></p> <p>B. Read what Students Can and Cannot Do. <input type="checkbox"/></p> <p>C. Complete your preceptor attendance sheet daily. <input type="checkbox"/></p> <p>D. Familiarise yourself with Clinical Placement DoCAT©/ Skills List / Medication Workbook. <input type="checkbox"/></p> <p>E. Make sure your Glucometer number is working do a Quality Control test (7169 -Mercedes in the lab). <input type="checkbox"/></p> <p>F. Familiarise yourself with the bleep system / call bells / arrest code. <input type="checkbox"/></p> <p>G. Familiarise yourself with the hospital policies on the Shared Drive(S). <input type="checkbox"/></p> <p>H. <b>Get your preceptor to complete your Preliminary Assessment Meeting of the DoCAT©.</b> <input type="checkbox"/></p> <p>Date of meeting -----</p> <p>Conducted by-----</p>	<p>A. Observe white board in changing room for Reflection dates / Information. <input type="checkbox"/></p> <p>B. Participate in patient care with direct supervision of the registered Nurses. Remember all written entries need to be co-signed. <input type="checkbox"/></p> <p>C. Know your patients diagnosis, start connecting diagnostics, treatment plan and interventions.</p> <p>D. Commence medication workbook practice '10 rights' for every medication administrations, 3 medications to be learned off and skills list. <input type="checkbox"/></p> <p>E. Be accountable for the safety checks at ward level- Cardiac Arrest Trolley / Hypo box etc. <input type="checkbox"/></p> <p>F. Arrange date and time for Intermediate assessment meeting for next week. <input type="checkbox"/></p> <p>G. Participate with handovers. <input type="checkbox"/></p> <p>H. Start taking a case load of 2-3 patients where you take the lead. This will mean all nursing care aspects, medication administration and nursing interventions / assessments as required. <input type="checkbox"/></p> <p>I. <b>Commence your case study</b>, feedback week 4. <input type="checkbox"/></p>	<p>A. <b>Ask preceptor to complete Intermediate assessment meeting of the DoCAT© early this week.</b> <input type="checkbox"/></p> <p>Date of Meeting-----</p> <p>Meeting conducted by-----.</p> <p>B. Request performance feedback from supervising nurse daily. <input type="checkbox"/></p> <p>C. Participate with medication administration, start medication rationalisation, management of medication adjustments, medications being 'Held' and errors. <input type="checkbox"/></p> <p>D. Be supervised in your skills. Remember to get each signed. <input type="checkbox"/></p> <p>E. Observe, assess and implement deteriorating protocols for your patients as required. You suggest to your preceptor what is occurring to your patient and what intervention you need to do. <input type="checkbox"/></p>

## Stage 3 Students DoCAT© 4 week placement

### Week 4

- A. Continue as per week 3 in relation to clinical practice.
- B. Complete case study feedback this week.**
- C. Ensure you have 3 medications documented in your medication workbook.
- D. Take a medication record per patient and review the patient's medication to their diagnosis.
- E. Increase your case load of patients 4.
- F. Complete handovers, break times and evening shift change over.
- G. Observe, assess and implement deteriorating protocols for your patients as required.  
You suggest to your preceptor what is occurring to your patient and what intervention you need to do.
- H. Review skills list ensure skills are signed to supervise.
- I. Complete Ward Evaluation Form and return to CPC's.
- J. Ask preceptor to complete Final Assessment Meeting of the DoCAT©.

Date of Meeting-----

Conducted by-----

## Stage 3 Students DoCAT©

Please complete the following specific learning objectives for the clinical area to which you have been assigned

<p><b>St Columba's Ward- Stage 3</b></p>	<ul style="list-style-type: none"> <li>✓ Know the patients by name, diagnosis and relevant medical history.</li> <li>✓ Review the anatomy and physiology of the respiratory, skeletal, cardiac and gynaecological system.</li> <li>✓ Become familiar with the Nursing care of a patient pre and post orthopaedic surgery</li> <li>✓ Become familiar with the Nursing care of a patient pre and post Evans Calcaneal Osteotomy.</li> <li>✓ Become familiar with performing Peripheral Vascular Assessments and Interventions required.</li> <li>✓ Become familiar with the Nursing care of a patient pre and post vaginal/abdominal hysterectomy, know the difference.</li> <li>✓ Become familiar with the Nursing care of a patient pre and post mid urethral sling repair / rectocele / cystocele.</li> <li>✓ Be able to identify complications of surgery and the appropriate action.</li> <li>✓ Measure, record, interpret &amp; report observations e.g. temperature, pulse, blood pressure, respiration, O<sup>2</sup> Sats, AVPU and calculation of Early Warning Score, weight, blood glucose levels, urinalysis, etc. Be familiar with the escalation protocol for abnormal observations.</li> <li>✓ Accurate recording and interpretation of fluid balance.</li> <li>✓ Management of Drug Administration- For the purpose of learning, student nurses must be involved in the administration of medicinal products under direct supervision of a registered nurse (except non intravenous products).</li> <li>✓ Management of interventional drains.</li> <li>✓ Refine nursing care- concentrating on accuracy, effectiveness and standard of care he/she is providing. Concentrating on detail, developing awareness of excellent versus 'fast' delivery of care.</li>   <li>✓ What is the specific nursing care of a patient with heart failure?</li> <li>✓ Comprehension of blood results, diagnostic procedures and results.</li> <li>✓ What would you do if your patient complained of chest pain? (Guidelines)</li> <li>✓ What is the specific nursing care of a patient newly diagnosed Atrial Fibrillation?</li> <li>✓ What are the initial stages of patient management in the event of cardiac /respiratory arrest?</li> <li>✓ How do you organise home oxygen for a patient?</li> <li>✓ How do you manage hypoglycaemia?</li> <li>✓ The nursing care of a patient with a N.G. / P.E.G tube</li> <li>✓ Explain the difference between type 1 and type 2 diabetes, become familiar with the D.K.A. protocol</li> <li>✓ Review palliative care in relation to/heart failure / respiratory conditions.</li> <li>✓ Understand and manage patient care whilst on an 'End of Life' care pathway.</li> </ul>

## Ward Orientation checklist

Orientation Checklist	Signature of Student
Welcome & tour of the ward given to student by preceptor/CNM	
Introduction to staff in the clinical areas and reporting relationships.	
Identify & location of the Fire Exit and Fire Extinguishers for the ward	
Identify & location of the Cardiac Arrest Call System for the department	
What is the Emergency Number?	
Location and checking procedure of the Resuscitation Trolley.	
Outline the daily routine including hours of duty, ward report, uniform policy and break times	
Information given to student regarding preceptor & associate preceptor allocation	
Location of policies, procedure manuals and guidelines.	
Information given on consultants and the area speciality.	
Demonstrate how to bleep a member of the multidisciplinary team.	
Location of the drug storage area.	
Location of the equipment & supplies storage area for the Ward.	
Discuss the procedure for dealing with a spillage of fluid in the department.	
Discuss the protocol for dealing with a sharps injury/blood borne splash.	
Discuss Learning objectives for Placement.	

Orientation completed by Student: \_\_\_\_\_

Preceptor Signature: \_\_\_\_\_

Ward: \_\_\_\_\_

Date: \_\_\_\_\_